

QP quick spread in Southamerica

Avoiding avoidable care

Primum non nocere

Protecting your patient from medicine

You are cordially invited

DAY: Wednesday June 26, 2013

SESSION: WORKSHOP: 2.15. Ethics and law

SESSION TIME: from 10:30 to 12:00

Workshop # 298

Quaternary prevention, addressing the limits of medical practice

Marc Jamouille, GP, researcher in Primary care, IRSS-UCL, Belgium

Gene Tsoi, Immediate Past President, Hong Kong College of Family Physicians, Hong Kong

Iona Heath, Past President of the Royal College of General Practitioners, United Kingdom

Dee Mangin, GP Research Group, Ass Professor, Otago university, New Zealand

Mohamad Pezeshki, Ass Professor, Dep of Comm.Medicine, Tabriz Medical School, Iran

Miguel Pizzanelli Báez, head of the Primary care network, Florida, Uruguay



Poster # 336

Quaternary prevention; From Wonca world Hong Kong 1995 to Wonca world Prague 2013

Marc Jamouille, UCL & Michel Roland ULB General practitioners, Belgium

Quaternary prevention

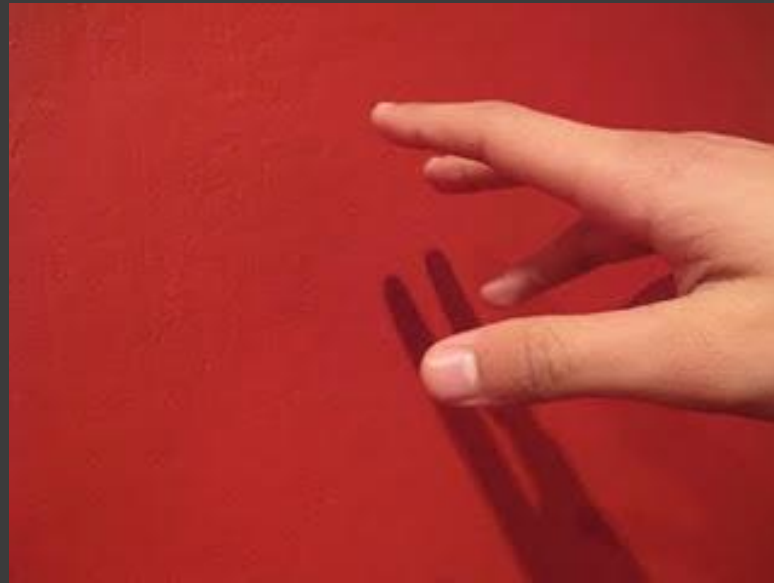


Action taken to identify patient at risk of Over-medicalisation to protect him from new medical invasion, and to suggest to him interventions, which are ethically acceptable.

Bentzen N. Wonca Dictionary of General/Family Practice. Maanedsskr. Copenhagen; 2003.

Quaternary prevention at a glance

Prevención Cuaternaria al alcance de la mano



contact

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Blog colectivo:

<http://estancambiandolostiempos.blogspot.com/>

P4 en Facebook en español

www.facebook.com/pages/Prevenci3n-Cuaternaria/

Blog de divulgaci3n sobre la iniciativa PCAT en Uruguay:

[PCAT.UY: http://pcatuy.blogspot.com/](http://pcatuy.blogspot.com/)

How to start with QP?

- ⦿ Knowing about the concept
- ⦿ Reflecting on our actions as health providers
- ⦿ Participate and promote activities, forums, reading groups

during the past years...

- A movement oriented to spread the concept and reflect on how to apply quaternary prevention in the practice has begun in many countries in the region: Brazil, Argentina and Uruguay.

Activities in the region

◉ Working groups

- Argentina
- Brasil
- Uruguay

Argentina

- ◎ Seminar "Quaternary prevention and medicalization" October 2012
 - Virtual stage: on-line workshop / during October
 - Meeting in Buenos Aires, October 29
 - Participants from six countries.

Argentina

● Seminario «Prevención cuaternaria y medicalización»

Organizers

- Foro Interdisciplinario de Salud Mental en APS,
- Federación Argentina de Medicina Familiar y General (FAMFyG),
- Federación Argentina de Medicina General (FAMG),
- Capítulo de Salud Mental en APS (APSA).
Fundación «Aequus»
- Sociedad Uruguaya de Medicina Familiar y Comunitaria (SUMEFAC)

Argentina / 2013

- ⦿ 28 y 29 de junio 2013
 - Critical review of health prevention strategies



Argentina

⦿ Communication strategy

- Event Website:
<http://www.prevencion4.com.ar/>
- Web group
- Working group

Brasil / Brazil

- Active Virtual group in Brazil with international participation leads knowledge exchange and cooperation.
- Special Chapter in textbook oriented to family and community professionals:
 - Tratado de Medicina de Família e Comunidade
 - Jamouille M, Gusso G, Prevenção Cuaternaria: primeiro não causar dano

Comunicación

- Brasilia Congress

Brasil

● Communication strategy

- groups.google.com/forum/gtprevencaoquaternaria/
- gtprevencaoquaternaria@gmail.com
- [Twitter @prevquaternaria](https://twitter.com/prevquaternaria)
- www.facebook.com/pages/Prevenção-Quaternária/

Uruguay

- Dissemination phase
- First presentation in academic environment / in November 2011
- Following activities were focused on Family and Community residents.

Uruguay

⦿ Communication strategies

- Facebook:
www.facebook.com/pages/Prevención-Cuaternaria/
- WebBlogs:
<http://estancambiandolostiempos.blogspot.com/>
- Google Group
- Preparing publications



Home visit, Chutleroi, Belgium, sept. 2006
Photography by Stephen L. Feldman ©

Tools to establish the red line are numerous

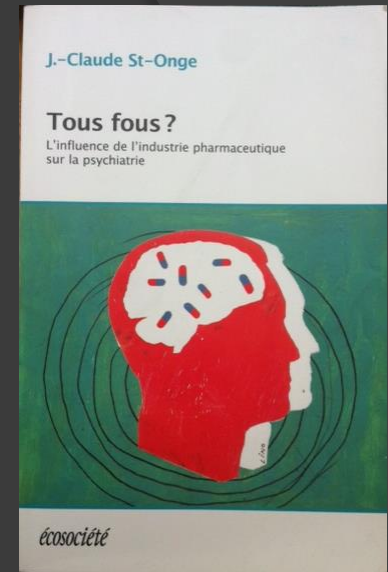
- Auto control of preventative and curative program
 - Control of the marketing of health
 - Ethical & clinically based EBM
 - Careful analysis of miscommunication
 - Understanding of patient's anxiety and belief
 - Control of defensive medicine
 - Accepting to decide in uncertainty
 - Humility in the diagnostic process and patient relationships
 - Ethically balanced attitudes
-

Some books about P4

1966	Canguenheim G	The Normal and the Pathological
1976	Illitch Y	Medical Nemesis
1985	Carpentier J	Medical flipper
1993	Lebrun JP	De la maladie médicale
1994	Skrabaneck Petr	Death of human medicine
2005	Blech J.	Les inventeurs de maladies
2006	Moynihan R, Cassels A.	Selling Sickness

Some books about P4

2008	Lane C.	Shyness
2008	Brownlee S.	Overtreated
2009	Gori R, Volgo M	La santé totalitaire [totalitarian health]
2012	Welch HG.	Overdiagnosed
2012	Hadler NM.	Worried Sick
2012	Dumit J	Drugs for life
2012	Healy D	Pharmageddon
2013	St-Onge J-C.	Tous fous ? [All mad ?]
2013	Goldacre B.	Bad Pharma



Further readings

The New Therapeutics: 10 Commandments;

<http://ethicalnag.org/2012/03/06/the-new-therapeutics-10-commandments/>

Choosing wisely

<http://www.abimfoundation.org/Initiatives/Choosing-Wisely.aspx>

Bilingual (Fr-En) alter dictionary

<http://alterdictionnaire.homovivens.org/>

Selling sickness conferences

<http://sellingsickness.com/>

Earth Citizens' Health

<http://earthcitizenshealth.blogspot.fr/>

Rubric about the P4 concept on WICC web site

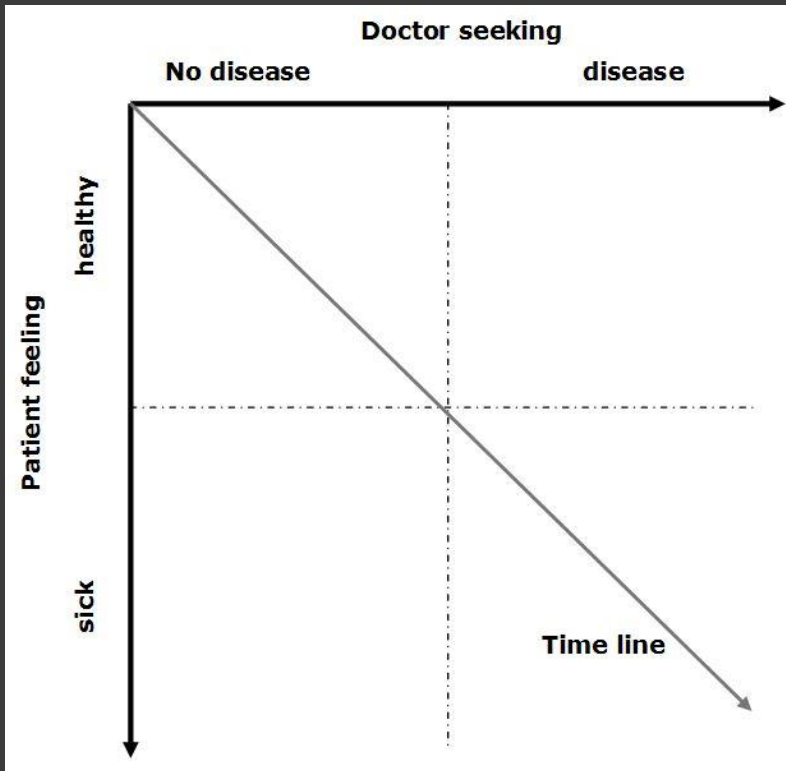
<http://www.ph3c.org>

http://www.ph3c.org/4daction/w3_CatVisu/en/contributions-about-quaternary-prevention-at-wonca-world-conference-prague-2013.html?wDocID=284

A quick growing P4 network

- WICC <http://ph3c.org> Quaternary prevention rubric
- Argentine <http://prevencion4.com.ar/>
prevencion-cuaternaria@gruposyaho.com.ar
- Belgium http://docpatient.net/mj/P4_citations.htm
- Brazil groups.google.com/forum/gtprevenciaoqueaternaria/
gtprevenciaoqueaternaria@gmail.com
Twitter [@prevquaternaria](https://twitter.com/prevquaternaria)
[www.facebook.com/pages/Prevençã-Quaternária/](https://www.facebook.com/pages/Preven%C3%A7%C3%A3o-Quatern%C3%A1ria/)
- Iran <http://earthcitizenshealth.blogspot.com>
- Spain SIAP2011@yahoogroups.com
- Uruguay [www.facebook.com/pages/Prevención-Cuaternaria/](https://www.facebook.com/pages/Prevenci%C3%B3n-Cuaternaria/)

Key messages



See also the poster # 336
Available on PH3C.org

Action taken to identify a patient or a population at risk of overmedicalisation, to protect them from invasive medical interventions and provide for them care procedures which are scientifically and ethically acceptable.